

On behalf of Horsham Lions Club, I would like to invite you to enter a team, or teams, into our tenth annual Swimarathon at The Pavilions in the Park, Horsham, on Sunday 19 September 2021. I enclose an entry form and a copy of the general conditions for the event, together with an A4 poster. We would appreciate your help in publicising the event by placing the poster on notice boards and in as many public places as possible. Thank you.

Over the last 9 years the Swimarathon has raised more than £60,000 for many deserving causes in the Horsham area.

In 2021 we are again supporting Horsham Matters, a small charity making a big impact in the local community, providing emergency food parcels through the Horsham District Foodbank as well as helping people in fuel poverty and those who are homeless.

Since the start of the pandemic there has been a threefold increase in need for Foodbank support for those struggling financially due to illness, furlough or loss of livelihood. Horsham Matters plans to open a Community Hub in 2021 and as well as incorporating a supermarket-style Foodbank, the hub will include a Café where those that can afford to pay, do so, and those facing financial difficulties are subsidised or eat free. Funds raised at Swimarathon 2021 will be used for setting up the Hub Café and contribute to creating an inclusive, healthy community in Horsham.

The Swimarathon is run on a 50/50 basis. Half the money you raise by sponsorship will benefit a good cause of your choice, this can be your favourite charity, your club or maybe your school. The majority of the other half will benefit Horsham Matters with a smaller percentage being reserved for other good causes in the Horsham area which are regularly supported by Horsham Lions Club. You can of course join with us in supporting Horsham Matters. The decision is yours; all we ask is that you help us raise as much money as possible.

Taking part is very easy; there is no entry fee. You will need a team of up to 6 swimmers plus an adult non-swimming team captain. All ages can take part, from 8 years upwards. The first member of a team swims one length of the pool and then relaxes while the other members of the team each swim a length of 25 metres in turn. The first swimmer then swims again and so on for 55 minutes. There could be up to eight teams swimming each hour. Why not ask your friends and colleagues to have a go? It's great fun and good healthy exercise! All swimmers will be presented with a commemorative medal.

The team captain ensures that swimmers are ready to swim at the appointed time, manages the swimmers on the poolside and counts the number of lengths completed by their team. The team captain is also responsible for ensuring that all sponsorship monies pledged are collected and that 50% is paid to Horsham Lions Club as soon as possible after the event and at the latest by the end of November 2021.

To take part please complete the entry form and return it to myself at the address at the foot of the entry form. In recent years this popular event has become **oversubscribed**, so to be sure of a place, **please get your entry in early**.

If you need any further information, please do not hesitate to get in to touch. Please also advise us if you will require a hoist for your swimmers to enter and / or exit the swimming pool. Thank you.

Gordon Hoare Horsham Lions Club 39 Curzon Avenue, Horsham, RH12 2LA

Telephone: 01403 253782 Email: horsham.dkw.karate@talktalk.net



Sunday 19 September 2021 at The Pavilions in the Park, Horsham (timings to be announced)

ENTRY FORM

Name of Individual/0	Drganisation/Club/School
Team Name	
Name of Team Capt	ain
Address of Team Captain	
Email	
Tel No	Mobile No
Where swimmers are under 18 years of age, please indicate the number in each age group based on ages at the date of the Swimarathon:	
Aged 12 and under.	Over 12 and up to 16Over 16
Details of the time your team will swim, sponsorship forms and parental consent forms will be sent to you on receipt of your entry form.	
The GENERAL CONDITIONS applying to the event are attached.	
I am the Team Captain. I understand that participation in the Swimarathon is on a 50/50 share basis of any money raised. We wish to nominate:	
(Name and address of your chosen good cause) to benefit from 50% of the money we raise.	
Signed	Date
Please indicate that you agree to Horsham Lions Club keeping your details on file for future events \square Thank you.	
	Gordon Hoare 39 Curzon Avenue Horsham RH12 2LA.

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GENERAL CONDITIONS

HORSHAM LIONS CLUB SWIMARATHON will take place at The Pavilions in the Park Swimming Pool, Horsham on Sunday 19 September 2021, timings to be announced.

The swim is open to all clubs, businesses, schools, associations, youth organisations, family groups etc. There is no limit to the number of teams entered by any one organisation.

Each team competing can consist of **UP TO SIX** swimmers and an adult non-swimming team captain. Should any member(s) of a team fail to report, reserves may be included until the start of the swim. Reserves may not be included once the swim has commenced.

All Swimmers must be able to swim a minimum of 25 metres and be able to swim out of their depth.

Every team will swim for a total of 55 minutes and each swimmer, in correct order, must swim one length of the pool, touching the end (e.g. as in a relay race). A length is 25 metres.

Only one swimmer of each team may swim at any one time. No swimmer may start a new length until the previous swimmer has completed their length of the pool. Ropes will mark the lanes but it is **NOT** permitted for swimmers to hang on these.

Sponsorship is based on the total number of lengths swum by the whole team.

The organisers will advise the captain of each team of the time when his or her team is required to swim and it will be the responsibility of the captain to inform the team of all relevant details. Teams must swim at the time stated by the organisers.

Entries must be made by completing the official Entry Form and HORSHAM LIONS CLUB must receive these forms by **Monday 23 August 2021**. There is no entry fee. Entries will be limited to a maximum of 40 teams.

Horsham Lions Club reserve the right to make such conditions or alterations to the above as may be considered necessary.

Awards

All swimmers will be presented with a medal at the end of their swim.



This is a sponsored swim, raising funds for Horsham Matters

and other good causes in the Horsham Area

#GetInvolved......

- # FREE ENTRY !
- # Teams of up to 6 swimmers plus an adult non-swimming team captain
- # All ages can take part from 8 years upwards
- # The first member of a team swims one length of the pool and then relaxes while other team members each swim a length of 25 metres in turn. The first swimmer then swims again and the pattern repeats for 55 minutes
- # Eight teams swimming each hour

Half the money you raise by sponsorship will benefit a good cause of your choice, this can be your favourite charity, your club or maybe your school. The majority of the other half will benefit Horsham Matters with a smaller percentage being reserved for other good causes in the Horsham area which are regularly supported by Horsham Lions Club. You can of course join with us in supporting Horsham Matters. The decision is yours; all we ask is that you help us raise as much money as possible.

Why not ask your friends and colleagues to have a go?



Closing date for entries is Monday 23 August 2021



@horshamlions



Horsham Lions Club UK

Horsham Lions Club Charitable Trust Fund - Registered Charity Number 1059270